

Week of 8/31-9/6

Week 1 Manor/Haven Menu

BREAKFAST

Monday
8/31

Old Fashioned Oatmeal
Sunrise Breakfast Casserole
Pork Sausage links
Breakfast Potatoes
Banana
Choice of Toast

Tuesday
9/1

Cream of Wheat
Belgian Waffle
Turkey Sausage Link
Orange Slices
Choice of Toast

Wednesday
9/2

Old Fashioned Oatmeal
Scrambled Eggs
Bacon
Hash Brown Potatoes
Cantaloupe
Choice of Toast

Thursday
9/3

Cream of Wheat
Buttermilk Pancakes
Turkey Sausage Link
Blueberries
Choice of Toast

Friday
9/4

Old Fashioned Oatmeal
Egg Bacon and Cheese Muffin
Breakfast Potatoes
Strawberries
Choice of Toast

Saturday
9/5

Cream of Wheat
Western Scrambled Eggs
Pork Sausage Link
Hash Brown Potatoes
Honeydew
Choice of Toast

Sunday
9/6

Old Fashioned Oatmeal
Pumpkin Muffin
Turkey Sausage Link
Fruit Cocktail
Choice of Toast

LUNCH

Tossed Garden Salad
Baked Pollockj w/ Lemon Butter Sauce
Steamed Spinach
Cilantro Rice

OR

Turkey and Bacon Club Sandwich
corn

Peach Cobbler

Fruit Salad

Beefy Mac Casserole
Steamed Italian Vegetables

OR

Chef Salad
Buttermilk Biscuit
Three Bean Salad
Coconut Cream Pie

Macaroni Salad
Baked Fried Chicken Leg
Mashed Potatoes
Steamed Broccoli

OR

Tuna Wrap
Coleslaw
Double Chocolate Chip Cooke

Mixed Green Salad
Hamburger w/ Lettuce & Tomato
Oven Baked French Fries
Coleslaw

OR

All American Dog
Oven Baked French Fries
Sliced Carrots

Rainbow Sherbert

Fruit Salad
Spaghetti w/ Meatsauce
Dinner Roll
Green Beans

OR

Baked Chicken
Parmesan
Dinner Roll
Sliced Carrots

Red Velvet Cake

Caesar Salad
Stuffed Bell Peppers
White Rice
California Mixed Veggies

OR

Parsley & Garlic Sole
White Rice
Yellow Squash

Mixed Berry Apple Crisp

Tossed Vegetable Salad
Meatloaf
Mashed Potatoes
Roasted Beets w/ Thyme

OR

Chicken Salad on Croissant
Coleslaw

Lemon Meringue Pie

DINNER

Chicken & Rice Soup
Egg Salad
Sandwich on a Croissant
French Green Beans

OR

Gnocchi
Bolognese w/ Parmesan
corn

Vanilla Ice Cream

Navy Bean Soup
Maple Peach
Glazed Smoked Pit Ham
Long Grain Wild Rice
Asparagus

Or

Fajita Cheese Quesadilla
Three Bean Salad
Brownie

Vegetarian Lentil Soup

Turkey ala King
Egg Noodles
Corn O'Brien w/ Peppers

OR

Roast Beef Sub
Coleslaw
Vanilla Mousse

Roasted Corn Soup

Penne Pasta
Caprese
Yellow Squash

OR

Bacon Chicken Wrap
Mixed Vegetables

Jello Poke Cake

Vegetable Orzo Soup

Crispy Baked Tilapia w/ Tartar Sauce
Tater Tots
Steamed Fresh Zucchini

OR

Baked Denver Frittata
Sliced Carrots
Ambrosia

Cream of Vegetable Soup
Quiche Lorraine
Three Bean Soup

OR

Santa Fe Turkey Wrap
Yellow Squash

Cherry Jello

Cream Of Vegetable Soup
Rigatnoi w/ Roasted Tomato and Italian Cheese
Green Beans w/ Oregano
Or
Ham and Cheese Sandwich
Roasted Beets w/ Thyme
Pineapple Upside Down Cake