

Bethany Week of 1/06-1/012

Weekly Dining Menu



BREAKFAST
7am - 8am

LUNCH
11:45am - 1pm

DINNER
5pm - 6pm

Monday 1/06	Tuesday 1/07	Wednesday 1/08	Thursday 1/09	Friday 1/10	Saturday 1/11	Sunday 1/12
Vegetable Frittata Pork Sausage Links Breakfast Potatoes Cream of Wheat Banana Choice of Toast Beverage	Belgian Waffle Turkey Sausage Patty Oatmeal Orange Slices Choice of Toast Beverage	Scrambled Eggs Pork Sausage Links Hash Brown Potatoes Cream of Wheat Pears Choice of Toast Beverage	Buttermilk Pancakes Turkey Sausage Patty Oatmeal Pineapple Choice of Toast Beverage	Bacon, Egg and Cheese Muffin Breakfast Potatoes Cream of Wheat Banana Choice of Toast Beverage	Scrambled Eggs Hash Brown Potatoes Oatmeal Peaches Choice of Toast Beverage	Apple Cinnamon Muffin Turkey Sausage Patty Cream of Wheat Choice of Toast Fruit Salad Beverage
Macaroni Salad Citrus Tilapia or Turkey Black Bean Chili Cornbread Steamed Brussel Sprouts Green Peas Vanilla Ice Cream Beverage	Cranberry Almond Salad Shepherd's Pie or BLT Chicken Salad Wheat Dinner Roll Steamed Fresh Zucchini Stewed Tomatoes Pumpkin Crisp Beverage	Garden Salad with Tomatoes Chicken Pot Pie or Spinach and Cheese Stuffed Shells Steamed Cut Broccoli Italian Vegetable Medley Marble Cake with Icing Beverage	Waldorf Salad Vegetable Quiche or Pork Pencil Wheat Dinner Roll Sliced Carrots Citrus Basil Roasted Veggies Strawberry Shortcake Parfait Beverage	Tossed Garden Salad Balsamic Marinated Turkey London Broil or Macaroni & Cheese Roasted Sweet Potato Creamed Spinach Mixed Vegetable Apricot Bar Beverage	Caprese Salad Citrus Marinated Pork Loin Or Spinach and Mushroom Strata Golden Rice Pilaf Green Beans Zucchini & Yellow Squash Jell-O Parfait Beverage	Tossed Vegetable Salad Tri Tip or Lemon Butter Pollock Garlic Mashed Potatoes Citrus Basil Roasted Vegetables Broccoli and Cauliflower Blueberry Pie Beverage
Chicken Noodle Soup Jumbo Cheese Ravioli & Marinara or Ham & Swiss Sandwich Dinner Roll Slice Carrots Green Peas Yellow Cake with Frosting Beverage	Tomato Basil Soup Simply Seared Pork Tenderloin or Grilled Cheese Tomato on White Sour Cream & Chive Mashed Potatoes 3 Bean Salad Stewed Tomatoes Chocolate Mousse Beverage	Sweet Potato & Black Bean Chili Tuna Salad Sandwich of Croissant or Teriyaki Chicken Steamed White Rice Pickled Beet Salad Asian Vegetables Banana Cream Pie Beverage	Potato Leek Soup Meatloaf or Cranberry Compote Turkey Burger Smashed Red Potato Steamed Brussel Sprouts Citrus Basil Roasted Vegetables Baked Cinnamon Apples Beverage	Chicken Ditalini Soup Cheese Pizza or Ginger Sesame Salad with Chicken White Dinner Roll Carrot Raisin Salad Mixed Vegetables Butterscotch Pudding Beverage	Beef Barley Soup Carolina BBQ Chicken or Meatball Sub Baked Tater Tots Baby Carrots Zucchini and Yellow Squash Peach Cobbler Beverage	Minestrone Soup Roasted Turkey Breast with Gravy or Grilled Ham and Cheese Sandwich Mashed Potatoes Green Peas Broccoli and Cauliflower Cherry Crisp Beverage