

Week of 7/20-7/26

Week 5 Dining Menu

BREAKFAST
7:30 am

LUNCH
11:45 pm

DINNER
5pm

Monday 7/20	Tuesday 7/21	Wednesday 7/22	Thursday 7/23	Friday 7/24	Saturday 7/25	Sunday 7/26
Cream of Wheat <u>Vegetable Frittata</u> Pork Sausage Links Breakfast Potatoes Banana Choice of Toast	Old Fashioned Oatmeal <u>Belgian Waffle</u> Turkey Sausage Patty Orange Slices Choice of Toast	Cream of Wheat <u>Scrambled Eggs</u> Pork Sausage Link Hash Brown Potatoes Cantaloupe Choice of Toast	Old Fashioned Oatmeal <u>Buttermilk Pancakes</u> Turkey Sausage Patty Sliced Apples Choice of Toast	Cream of Wheat <u>Bacon, Egg and Cheese Muffin</u> Breakfast Potatoes Blueberries Choice of Toast	Old Fashioned Oatmeal <u>Scrambled Eggs</u> Hash Brown Potatoes Honeydew Melon Choice of Toast	Cream of Wheat <u>Apple Cinnamon Muffin</u> Turkey Sausage Patty Fruit Cocktail Choice of Toast
<i>Macaroni Salad</i> <u>Citrus Tilapia</u> Cornbread Green Peas or <u>Ginger Sesame Salad with Chicken</u> Cornbread Asparagus Cuts Chocolate Mousse	<i>Caesar Salad</i> <u>Jumbo Cheese Ravioli with Marinara Sauce</u> Dinner Roll Steamed Fresh Zucchini Or <u>Turkey Club Wrap</u> Stewed Tomatoes Confetti Cake	<i>Tossed Garden Salad</i> <u>Chicken Pot Pie</u> Biscuit Steamed Cut Broccoli Or <u>Grilled Cheese and Tomato on White</u> Steamed Italian Vegetable Medley Rainbow Sherbet	<i>Fruit Salad</i> <u>Turkey Burger with Lettuce and Tomato</u> Oven Baked French Fries Broccoli Slaw Or <u>Spinach and Mushroom Strata</u> Green Peas Chocolate Ice Cream	<i>Tossed Garden Salad</i> <u>Supreme Pizza</u> Sliced Carrots or <u>Shrimp Alfredo</u> Linguine Noodles Mixed Vegetables Chocolate Strawberry Parfait	<i>Potato Salad</i> <u>Citrus Marinated Pork Loin</u> Golden Rice Pilaf Green Beans Or <u>Cheese Manicotti</u> Zucchini and Yellow Squash Coffee Cake	<i>Cucumber Salad</i> <u>Pot Roast</u> Mashed Potatoes California Mixed Vegetables Or Chicken and Rice Casserole Peas and Mushrooms Dutch apple pie
<i>White Bean and Sundried Tomato Soup</i> <u>Simply Seared Pork Loin</u> White Rice Yellow Squash Or <u>Patty Melt</u> Green Peas Baked Cinnamon Apples	<i>Tomato Basil Soup</i> <u>Savory Rotisserie Style Chicken Thigh with Gravy</u> Sour Cream & Chive Mashed Potatoes Three Bean Salad Or <u>Tuna Salad Sandwich</u> Stewed Tomatoes Strawberry Cheesecake Bar	<i>Sweet Potato & Black Bean Chili</i> <u>Crispy Parmesan Sole</u> Smashed Red Potatoes Green Beans Or <u>Chef Salad</u> Citrus Basil Roasted Vegetables Peanut Butter Fudge Brownie	<i>Potato Leek Soup</i> <u>Pork Pernil</u> White Rice Green Peas Or <u>Teriyaki Chicken</u> White Rice Asian Vegetables Lemon Meringue Pie	<i>Chicken Ditalini Soup</i> <u>Baked Fried Chicken</u> Dinner Roll Corn O'Brien Or <u>Ham and Swiss Sandwich</u> Coleslaw Angel Food Cake with Chocolate Sauce	<i>Beef Barley Soup</i> <u>Carbonara with Chicken and Spinach</u> Baby Carrots Or <u>Tuna Wrap</u> Baked Tater Tots Zucchini and Yellow Squash Apple Caramel Bread Pudding	<i>Minestrone Soup</i> <u>Roasted Turkey Breast with Gravy</u> Baked Sweet Potato Wedges Peas and Mushrooms Or <u>Sloppy Joe Sandwich</u> Broccoli and Cauliflower Chocolate Cake