

Bethany week of 11/25-12/01

Week 4 Dining Menu

BREAKFAST
7am - 8am

LUNCH
11:45am - 1pm

DINNER
5pm - 6pm

Monday 11/25	Tuesday 11/26	Wednesday 11/27	Thursday 11/28	Friday 11/29	Saturday 11/30	Sunday 12/01
Scrambled Eggs Bacon Slices Breakfast Potatoes Oatmeal Choice of Toast Banana Beverage	French Toast Turkey Sausage Link Cream of Wheat Choice of Toast Orange Slices Beverage	Scrambled Eggs Pork Sausage Links Hash Brown Potatoes Oatmeal Choice of Toast Pears Beverage	Belgian Waffle Turkey Sausage Link Cream of Wheat Choice of Toast Pineapple Beverage	Biscuit and Gravy Breakfast Potatoes Oatmeal Choice of Toast Banana Beverage	Scrambled Eggs Pork Sausage Links Hash Brown Potatoes Cream of Wheat Choice of Toast Peaches Beverage	Raspberry Sour Cream Muffin Turkey Sausage Link Oatmeal Choice of Toast Fruit Salad Beverage
Potato Salad Tilapia Provencal or Rotini Alfredo Mashed Sweet Potato Steamed Brussel Sprouts Sliced Beets Pumpkin Cheesecake Bar Beverage	Caesar Salad Meat Lasagna or Brazilian Pork with Chimichurri Garlic Bread Green Peas Corn Blueberry Coffee Cake Beverage	Tossed Vegetable Salad Southwestern Chicken Thigh or Old Fashioned Beef Stew Buttermilk Biscuit Sliced Carrots Green Beans Boston Cream Pie Beverage	Cranberry Almond Salad Turkey or Garden Vegetable Quiche Mashed Potatoes Green Beans Pumpkin Pie Beverage	Mixed Greens with Tomatoes Blackened Chicken Breast with Gravy or Penne Pasta Caprese Roasted Sweet Potatoe Broccoli and Cauliflower 3 Bean Salad Carrot Cake Beverage	Apple Cheddar Almond Salad Cuban Mojo Pork or Chicken Salad on Bun Cilantro Basmati Rice Swiss Chard Sauté Citrus Basil Roasted Vegetbles Jell-O Parfait Beverage	Tossed Garden Salad Salisbury Steak or Parmesan Crusted Pollock Herb Roasted Potatoes French Cut Green Beans Roasted Beets with Thyme Peach Pie Beverage
Chunky Vegetable Orzo Soup BBQ Turkey or Three Cheese Quiche Cornbread Sliced Beets Marinated Cucumber Salad Pumpkin Cheesecake Bar Beverage	Vegetarian Split Pea Soup Baked Chicken and Noodles or Cumin Shrimp Quesadilla Steamed Broccoli Green Peas Sherbet Ice Cream Beverage	Fire Roasted Corn Soup Beef Sroganoff or Grilled Cheese and Tomato Egg Nodldes Asparagus Cuts Sliced Carrots Chocolate Cake with Icing Beverage	Hearty Beef Vegetable Soup Oven Baked Fish Sandwich or Chicken Taco Salad Sweet Potato Wedges Coleslaw Steamed Spinach Ice Cream Beverage	Roasted Tomato Tortilla Soup Cheese Enchiladas or Mushroom Ham Swiss Frittata Mexican Rice Corn O'Brien 3 Bean Salad Pear Cranberry Crumble Beverage	Garden Vegetable Soup Herb Grilled Chicken Breast with Gravy or Classic Burger with Lettuce & Tomato Roasted Red Potato Summer Squash Medley Swiss Chard Sauté Chocolate Mouse Beverage	Cream of Vegetable Soup Peperoni Pizza or Egg Salad on Croissant Mashed Potatoes Roasted Beets with Thyme Asian Vegetable Blend Butterscotch Pudding Beverage