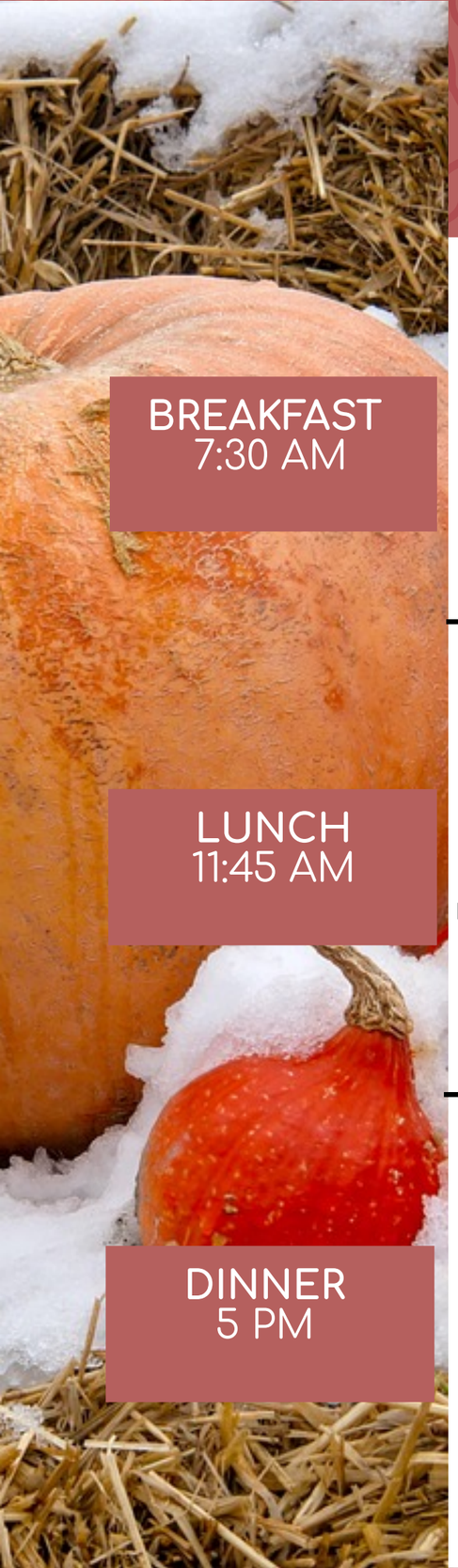

Week of November 30 to December 6

Week 4 Dining Menu

Monday November 30	Tuesday December 1	Wednesday December 2	Thursday December 3	Friday December 4	Saturday December 5	Sunday December 6
Oatmeal Scrambled Eggs Bacon Slices Breakfast Potatoes Banana Choice of Toast	Cream of Wheat French Toast Turkey Sausage Link Mandarin Oranges Choice of Toast	Oatmeal Scrambled Eggs Pork Sausage Link Hash Brown Potatoes Diced Peaches Choice of Toast	Cream of Wheat Belgian Waffle Turkey Sausage Link Diced Pears Choice of Toast	Oatmeal Sausage, Egg and Cheese Muffin Scrambled Eggs Tropical Fruit Salad Choice of Toast	Cream of Wheat Scrambled Eggs Pork Sausage Link Hash Brown Potatoes Pineapple Tidbits Choice of Toast	Oatmeal Raspberry Sour Cream Muffin Turkey Sausage Link Fruit Cocktail Choice of Toast
Caesar Salad Herb and Dijon Porkloin Cornbread Italian Cut Green Beans Or Egg Salad Sandwich Sliced Beets Apple Crumble	*Fruit Salad* Meat Lasagna Garlic Bread Steamed Spinach Or BLT Chicken Salad Wrap Corn Pineapple Cake	*Strawberry Fields Salad* Peach Glazed Turkey Breast Bread Stuffing Sliced Carrots Or Grilled Ham and Cheese Coleslaw Blueberry Yogurt Parfait	*Tossed Vegetable Salad* Shepherds Pie California Vegetables Or Tuna Salad Sandwich Sweet and Sour Broccoli Slaw Angel Food Cake with Strawberries	*Fruit Salad* Oven Baked Fish Sandwich Baked Sweet Potato Wedges Green Peas Or Chef Salad Three Bean Salad Peanut Butter Brownies	*Macaroni Salad* Mushroom and Swiss Burger French Fries Zucchini and Yellow Squash Or Chicken Cobb Salad Steamed Spinach Jello Parfait	*Tossed Garden Salad* Pot Roast Herb Roasted Potatoes Roasted Beets with Thyme Or Citrus Crusted Tilapia Green Beans Strawberry Rhubarb Pie
Chunky Vegetable Orzo Soup Beef Tacos Cilantro Lime Rice Corn O'Brien with Peppers Or Southwestern Chicken Thigh Sliced Beets Strawberry Jello	*Vegetarian Split Pea Soup* Parmesan Crusted Pollock Herb Roasted Potatoes Mixed Vegetables Or Italian Sub Corn Ice Cream Sandwich	*Fire Roasted Corn Soup* Spinach Quiche Roasted Broccoli Or Baked Chicken and Noodles Coleslaw Apple Raisin Bread Pudding	*Hearty Beef Vegetable Soup* Brazilian Pork with Chimichurri Spanish Rice Cauliflower Or Cumin Shrimp Quesadilla Broccoli Slaw Lemon Pudding	*Tomato Soup* Beef Stroganoff Egg Noodles Baby Carrots Or Spinach & Mushroom Pizza Three Bean Salad Vanilla Ice Cream	*Garden Vegetable Soup* Herb Grilled Chicken Breast with Gravy Simply Smashed Red Potatoes Italian Mixed Vegetables Or Penne Pasta Caprese Steamed Spinach Cherry Cobbler	*New England Clam Chowder* Maple Apple Roasted Turkey with Gravy Au Gratin Potatoes Green Beans Or Macaroni and Cheese Stewed Tomatoes Butterscotch Pudding