

# Bethany Week of 11/18-11/24

## Weekly Dining Menu

**BREAKFAST**  
7am - 8am

**LUNCH**  
11:45am - 1pm

**DINNER**  
5pm - 6pm

| Monday<br>11/18  | Tuesday<br>11/19  | Wednesday<br>11/20   | Thursday<br>11/21  | Friday<br>11/22   | Saturday<br>11/23  | Sunday<br>11/24   |
|--|---|--|--|---|--|---|
| Country Brunch Bake<br>Pork Sausage Links<br>Breakfast Potatoes<br>Cream of Wheat<br>Choice of Toast<br>Banana<br>Beverages  | Belgian Waffle<br>Turkey Sausage<br>Patty<br>Oatmeal<br>Choice of Toast<br>Orange Slices<br>Beverages   | Scrambled Eggs<br>Pork Sausage Links<br>Hash Brown Potatoes<br>Cream of Wheat<br>Choice of Toast<br>Pineapple<br>Beverage  | Strawberry Pancakes<br>Sausage Patty<br>Oatmeal<br>Choice of Toast<br>Peaches<br>Beverage  | Bacon, Egg and<br>Cheese Muffin<br>Breakfast Potatoes<br>Cream of Wheat<br>Choice of Toast<br>Banana<br>Beverage  | Baked Denver Omelet<br>Hash Brown Potatoes<br>Oatmeal<br>Choice of Toast<br>Pears<br>Beverage  | Orange Muffin<br>Turkey Sausage Patty<br>Cream of Wheat<br>Choice of Toast<br>Fruit Salad<br>Beverage   |
| Macaroni Salad<br>Mushroom Ham<br>and Swiss Frittata<br>or<br>Classic Grilled<br>Cheese Sandwich<br>Dinner Roll<br>Cole Slaw<br>Green Peas<br>Pineapple Upside<br>Down Cake<br>Beverage                | Caesar Salad<br>Baked Cheese Manicotti<br>with Marinara Sauce<br>or<br>Chimi Chicken Salad<br>French Cut Green Beans<br>Slice Carrots<br>Cherry Jell-O<br>Beverage                              | Tossed Garden Salad<br>BBQ Chicken Thigh<br>or<br>Crispy Baked Pollock<br>Wild Rice<br>Yellow Squash<br>Creamy Sweet & Sour<br>Broccoli Slaw<br>Peanut Butter Fudge<br>Bar<br>Beverage | Coleslaw<br>Famers Meatloaf<br>with Gravy<br>or<br>Cape Codder<br>Turkey<br>Garlic Mashed<br>Potatoes<br>Green Peas<br>Pickled Beet Salad<br>Pumpkin Crisp<br>Beverage | Tossed Vegetable<br>Salad<br>Turkey Pot Pie with<br>Dinner Roll<br>or<br>Rosemary Roasted<br>Pork Loin with Gravy<br>Rice Pilaf<br>Broccoli & Cauliflower<br>Summer Squash<br>Medley<br>Ice Cream<br>Beverage | Waldrof Salad<br>Dijon Ginger Ham<br>or<br>Ravioli with Blush<br>Sauce<br>Baked Potato<br>Citrus Basil<br>Roasted Veggies<br>Baby Carrots<br>Triple Chocolate<br>Fudge Bar<br>Beverage | Mixed Greens with<br>Tomatoes<br>Italian Roast Beef with<br>Gravy<br>or<br>Harvest Chicken<br>Salad Wrap<br>Simple Smashed<br>Potatoes<br>Steamed Zucchini<br>Steamed Cauliflower<br>Cherry Pie<br>Beverage |
| Potato Leek Soup<br>Apricot Glazed Turkey<br>or<br>Tuna Noodle<br>Casserole<br>Baked Sweet<br>Potatoes<br>Steamed Italian<br>Vegetable Medley<br>Green Peas<br>Blueberry Yogurt<br>Parfait<br>Beverage | Autumn Vegetable<br>Soup<br>Maple Glazed Roast<br>Pork Loin<br>or<br>Grilled Veggie Fajita<br>Quesadilla<br>Scalloped Potatoes<br>Sliced Carrots<br>Corn<br>Cinnamon Coffee<br>Cake<br>Beverage | Spring Pasta<br>Faggioli Soup<br>Spinach Quiche<br>or<br>Tuna Melt<br>Dinner Roll<br>Mixed Veggies<br>Creamy Sweet &<br>Sour Broccoli Slaw<br>Banana Pudding<br>Beverage               | Turkey Vegetable<br>Soup<br>Soft Chicken Tender<br>Sandwich<br>or<br>Macaroni and<br>Cheese<br>Slice Carrots<br>Pickled Beet Salad<br>Peach Pie<br>Beverage            | Butternut Squash<br>Bisque<br>Spaghetti and<br>Meatballs with<br>Parmesan Cheese<br>or<br>Baked Fish Sandwich<br>Sautéed Spinach<br>Summer Squash<br>Medley<br>Chocolate Cupcake<br>Beverage                  | Tomato Soup<br>Lemon Pepper<br>Chicken Thigh<br>or<br>Italian Sub<br>Mashed Potatoes<br>Italian Cut Green<br>Beans<br>Baby Carrots<br>Citrus Yogurt Mousse<br>Beverage                 | Cream of Potato Soup<br>Roasted Turkey with<br>Gravy<br>or<br>Sloppy Joe Sandwich<br>Au Gratin Potatoes<br>Peas & Mushrooms<br>Steamed Cauliflower<br>Spice Cake<br>Beverage                                |