

# Week of 7/27-8/2

## Weekly Dining Menu

### BREAKFAST 8 am

**Monday  
7/27**

Old Fashioned  
Oatmeal  
Sunrise Breakfast  
Casserole  
Pork Sausage Links  
Breakfast Potatoes  
Banana  
Choice of Toast

**Tuesday  
7/28**

Cream of Wheat  
Belgian Waffle  
Turkey Sausage  
Patty  
Orange Slices  
Choice of Toast

**Wednesday  
7/29**

Old Fashioned  
Oatmeal  
Scrambled Eggs  
Bacon Slices  
Hash Brown  
Potatoes  
Cantaloupe  
Choice of Toast

**Thursday  
7/30**

Cream of Wheat  
Buttermilk Pancakes  
Sausage Patty  
Sliced Apples  
Choice of Toast

**Friday  
7/31**

Oatmeal  
Bacon, Egg and  
Cheese Muffin  
Breakfast Potatoes  
Strawberries  
Choice of Toast

**Saturday  
8/1**

Cream of Wheat  
Western Scrambled  
Eggs  
Pork Sausage Link  
Hash Brown Potatoes  
Honeydew  
Choice of Toast

**Sunday  
8/2**

Oatmeal  
Pumpkin Muffin  
Turkey Sausage Patty  
Fruit Cocktail  
Choice of Toast

### LUNCH 12 pm

*Tossed Garden  
Salad*  
Baked Pollock with  
Lemon Butter  
Sauce  
Steamed Spinach  
Cilantro Rice  
or  
Turkey and Bacon  
Club Sandwich  
Corn  
Peach Cobbler

*Fruit Salad*  
Beefy Mac Casserole  
Steamed Italian  
Vegetables  
or  
Chef Salad  
Buttermilk Biscuit  
Three Bean Salad  
  
Coconut Cream Pie

*Macaroni Salad*  
Baked Fried  
Chicken Leg  
Mashed Potatoes  
Steamed Broccoli  
or  
Tuna Wrap  
Coleslaw  
  
Double Chocolate  
Chip Cookie

*Mixed Green Salad*  
Hamburger with  
Lettuce & Tomato  
Oven Baked French  
Fries  
Coleslaw  
or  
All American Dog  
Oven Baked French  
Fries  
Sliced Carrots  
  
Rainbow Sherbet

*Fruit Salad*  
Spaghetti with  
Meatsauce  
Dinner Roll  
Green Beans  
or  
Baked Chicken  
Parmesan  
Dinner Roll  
Sliced Carrots  
  
Red Velvet Cake

*Caesar Salad*  
Stuffed Bell Peppers  
White Rice  
California Mixed  
Veggies  
or  
Parsley and Garlic  
Sole  
White Rice  
Yellow Squash  
  
Mixed Berry Apple  
Crisp

*Tossed Vegetable  
Salad*  
Meatloaf  
Mashed Potatoes  
Roasted Beets with  
Thyme  
or  
Chicken Salad on  
Croissant  
Coleslaw  
  
Lemon Meringue Pie

### DINNER 5pm

*Chicken & Rice  
Soup*  
Egg Salad  
Sandwich on a  
Croissant  
French Cut Green  
Beans  
or  
Gnocchi  
Bolognese with  
Parmesan  
Corn  
  
Vanilla Ice Cream

*Navy Bean Soup*  
Maple Peach  
Glazed Smoked Pit  
Ham  
Long Grain Wild  
Rice  
Asparagus Cuts  
or  
Fajita Grilled  
Cheese Quesadilla  
Three Bean Salad  
  
Brownie

*Vegetarian Lentil  
Soup*  
Turkey ala King  
Egg Noodles  
Corn O'Brien with  
Peppers  
or  
Roast Beef Sub  
Coleslaw  
  
Vanilla Mousse

*Roasted Corn Soup*  
Penne Pasta Caprese  
Yellow Squash  
or  
Bacon Chicken Wrap  
Mixed Vegetables  
  
Jello Poke Cake

*Vegetable Orzo  
Soup*  
Crispy Baked  
Tilapia with Tartar  
Sauce  
Tater Tots  
Steamed Fresh  
Zucchini  
or  
Baked Denver  
Frittata  
Sliced Carrots  
  
Ambrosia

*Cream of Vegetable  
Soup*  
Quiche Lorraine  
Three Bean Salad  
or  
Santa Fe Turkey Wrap  
Yellow Squash  
  
Cherry Jello

*Cream of Vegetable  
Soup*  
Rigatoni with Roasted  
Tomatoes and Italian  
Cheese  
Green Beans with  
Oregano  
or  
Ham and Cheese  
Sandwich  
Roasted Beets with  
Thyme  
  
Pineapple Upside  
Down Cake