

# Bethany Week of 9/22-9/28

## Week 2 Dining Menu

**BREAKFAST**  
7:30 am

**LUNCH**  
11:45-12:45pm

**DINNER**  
5pm

Monday 9/22	Tuesday 9/23	Wednesday 9/24	Thursday 9/25	Friday 9/26	Saturday 9/27	Sunday 9/28
<i>Old Fashioned Oatmeal</i> <b><u>Scrambled Eggs</u></b> Bacon Slices Breakfast Potatoes Banana Choice of Toast	<i>Cream of Wheat</i> <b><u>French Toast</u></b> Turkey Sausage Link Orange Slices Choice of Toast	<i>Old Fashioned Oatmeal</i> <b><u>Scrambled Eggs</u></b> Pork Sausage Link Hash Brown Potatoes Cantaloupe Choice of Toast	<i>Cream of Wheat</i> <b><u>Belgian Waffle</u></b> Turkey Sausage Link Blueberries Choice of Toast	<i>Old Fashioned Oatmeal</i> <b><u>Sausage, Egg and Cheese Muffin</u></b> Breakfast Potatoes Strawberries Choice of Toast	<i>Cream of Wheat</i> <b><u>Scrambled Eggs</u></b> Pork Sausage Link Hash Brown Potatoes Honeydew Choice of Toast	<i>Old Fashioned Oatmeal</i> <b><u>Classic Blueberry Muffin</u></b> Turkey Sausage Link Fruit Cocktail Choice of Toast
<i>Mixed Green Salad</i>  <b><u>Chicken Cacciatore in Marinara Sauce</u></b> Spaghetti Noodles Steamed Broccoli or <b><u>Shrimp Alfredo</u></b> Stewed Tomatoes  Mixed Berry Apple Crisp	<i>Fruit Salad</i>  <b><u>Beef Stroganoff</u></b> Parslied Egg Noodles Steamed Spinach or <b><u>Chicken Taco Salad</u></b> Mexican Medley  Chocolate Ice Cream	<i>Caesar Salad</i>  <b><u>Crispy Baked Tilapia</u></b> Garlic Mashed Potatoes Grilled Ratatouille Vegetables or <b><u>Chopped Beef Steak with Onions and Gravy</u></b> Garlic Mashed Potatoes Roasted Mushrooms Chocolate Strawberry Parfait	<i>Macaroni Salad</i>  <b><u>Loaded Baked Potato</u></b> Rice Pilaf Sliced Beets Or <b><u>Cumin Roasted Turkey</u></b> Rice Pilaf Sauteed Spinach  Jello Parfait	<i>Tossed Garden Salad</i>  <b><u>Cheesy Chicken Rotini</u></b> Asparagus Cuts Or <b><u>Beef Stew</u></b> Buttermilk Biscuit Herb Roasted Carrots  Tapioca Pudding	<i>Fruit Salad</i>  <b><u>Pork Loin with Stuffing</u></b> Mashed Potatoes Green Beans or <b><u>Garden Vegetable Strata</u></b> Carrots and Peas  Strawberry Yogurt Parfait	<i>Tossed Vegetable Salad</i>  <b><u>Pot Roast</u></b> Parsley Potatoes Zucchini and Yellow Squash Or <b><u>Baked Pollock with Lemon Butter Sauce</u></b> Marinated Cucumber Salad  Dutch Apple Pie
<i>Tomato Basil Soup</i> <b><u>Tuscan Style Roast Turkey with Gravy</u></b> Savory Cornbread Stuffing Steamed Carrots or <b><u>Italian Sub Sandwich</u></b> Sliced Beets Steamed Carrots  Ambrosia	<i>Spring Chicken Soup</i> <b><u>Herb Crusted Pork Loin</u></b> Red Roasted Potatoes Vegetable Medley or <b><u>Hot Italian Meatball Sandwich</u></b> Corn  Cherry Cobbler	<i>Chicken Noodle Soup</i> <b><u>Chicken Salad on Croissant</u></b> Baby Carrots or <b><u>Rigatoni with Italian Cheese</u></b> Grilled Ratatouille Vegetables  Peach Crisp	<i>Garden Vegetable Soup</i> <b><u>Cheese Enchiladas with Salsa</u></b> Spanish Rice Broccoli and Cauliflower or <b><u>Beef Fajitas with Flour Tortilla</u></b> Spanish Rice Broccoli and Cauliflower  Boston Cream Pie	<i>Rustic Squash Soup</i> <b><u>Supreme Pizza</u></b> 4-Way Vegetable Blend or <b><u>Chicken Cobb Salad</u></b> Herb Roasted Carrots  Ice Cream Sandwich	<i>Italian Wedding Soup</i> <b><u>Teriyaki Chicken Breast</u></b> Steamed Jasmine Rice Asian Vegetable Blend Or <b><u>Grilled Ham and Cheese Sandwich</u></b> Steamed Jasmine Rice Carrots and Peas  Chocolate Brownies	<i>Minestrone Soup</i> <b><u>Brown Sugar and Peach Glazed Ham</u></b> Dinner Roll Steamed Cut Broccoli or <b><u>French Dip Sandwich on a Hoagie Roll</u></b> Zucchini and Yellow Squash  Cherry Jello Parfait