

September 5th-  
National Cheese Pizza Day

BREAKFAST  
7:30 am

LUNCH  
11:45-12:45 pm

DINNER  
5pm

Bethany week of 9/1-9/7 Weekly Dining Menu						
Monday 9/1	Tuesday 9/2	Wednesday 9/3	Thursday 9/4	Friday 9/5	Saturday 9/6	Sunday 9/7
Oatmeal <u>Scrambled Eggs</u> Bacon Slices Breakfast Potatoes Banana Choice of Toast	Cream of Wheat <u>French Toast</u> Turkey Sausage Link Orange Slices Choice of Toast	Oatmeal <u>Scrambled Eggs</u> Pork Sausage Link Hash Brown Potatoes Cantaloupe Choice of Toast	Cream of Wheat Belgian Waffle Turkey Sausage Link Pineapple Choice of Toast	Oatmeal <u>Sausage, Egg and Cheese Muffin</u> Scrambled Eggs Strawberries Choice of Toast	Cream of Wheat <u>Scrambled Eggs</u> Pork Sausage Link Hash Brown Potatoes Honeydew Choice of Toast	Oatmeal <u>Raspberry Sour Cream Muffin</u> Turkey Sausage Link Fruit Cocktail Choice of Toast
<i>Classic Caesar Salad</i> <u>Egg Salad Sandwich</u> Cornbread Italian Cut Green Beans Or <u>Spring Herb and Dijon Pork Tenderloin with Gravy</u> Cornbread Sliced Beets  Apple Crumble	<i>Fruit Salad</i> <u>Meat Lasagna</u> Garlic Bread Steamed Spinach  Or <u>BLT Chicken Salad</u> Garlic Bread Corn  Pineapple Upside Down Cake	<i>Strawberry Fields Salad</i> <u>Peach Glazed Turkey. Breast</u> Buttermilk Biscuit Green Beans  Or <u>Grilled Ham and Cheese</u> Sliced Carrots  Blueberry Yogurt Parfait	<i>Tossed Vegetable Salad</i> <u>Shepherds Pie</u> California Vegetables  Or <u>Tuna Salad on a Bun</u> Sweet and Sour Broccoli Slaw  Strawberry Angel Food Cake	<i>Fruit Salad</i> <u>Oven Baked Fish Sandwich</u> Baked Sweet Potato Broccoli & Cauliflower  Or <u>Chef Salad</u> Three Bean Salad  Peanut Butter Fudge Brownies	<i>Macaroni Salad</i> <u>Mushroom and Swiss Burger</u> French Fries Summer Squash Medley  Or <u>Chicken Cobb Salad</u> Sauted Chard  Jello Parfait	<i>Tossed Garden Salad</i> <u>Pot Roast</u> Herb Roasted Potatoes French Cut Green Beans  Or <u>Citrus Crusted Baked Tilapia</u> Herb Roasted Potatoes Roasted Beet with Thyme  Strawberry Rhubarb Pie
<i>Chunky Vegetable Orzo Soup</i>  <u>Beef Tacos</u> Cilantro Lime Basmati Rice Pinto Beans  Or <u>Southwestern Chicken Thigh</u> Sliced Beets  Strawberry Jello	<i>Vegetarian Split Pea Soup</i>  <u>Parmesan Crusted Pollock</u> Herb Roasted Potatoes Mixed Vegetables  Or <u>Italian Turkey Ham Sandwich</u> Steamed Spinach  Ice Cream Sandwich	<i>Fire Roasted Corn Soup</i>  <u>Spinach Quiche</u> Sliced Carrots  Or <u>Baked Chicken and Noodles</u> Coleslaw  Apple Raisin Bread Pudding	<i>Hearty Beef Vegetable Soup</i>  <u>Brazilian Pork with Chimichurri</u> Spanish Rice Corn O'Brien with Peppers Or <u>Cumin Shrimp Quesadilla</u> Spanish Rice Three Bean Salad  Pear Cranberry Crumble	<i>Roasted Tomato Tortilla Soup</i>  <u>Cheese Pizza</u> Yellow Squash  Or <u>Beef Stroganoff</u> Egg Noodles Steamed Broccoli  Vanilla Ice Cream	<i>Garden Vegetable Soup</i>  <u>Herb Grilled Chicken Breast with Gravy</u> Simply Smashed Red Potatoes Italian Mixed Vegetables  Or <u>Penne Pasta Caprese</u> Saute Chard  Peach Cobbler	<i>New England Clam Chowder</i>  <u>Maple Apple Roasted Turkey with Gravy</u> Au Gratin Potatoes Steamed Zucchini  Or <u>Macaroni and Cheese</u> Roasted Beets with Thyme  Butterscotch Pudding