

# Bethany Week of 3/30-4/5

## Weekly Dining Menu

**BREAKFAST**  
7:30 am

Monday 3/30	Tuesday 3/31	Wednesday 4/1	Thursday 4/2	Friday 4/3	Saturday 4/4	Sunday 4/5
Oatmeal <u>Scrambled Eggs</u> Bacon Slices Breakfast Potatoes Peaches Choice of Toast	Cream of Wheat <u>French Toast</u> Turkey Sausage Link Banana Choice of Toast	Oatmeal <u>Scrambled Eggs</u> Pork Sausage Link Hash Brown Potatoes Orange Slices Choice of Toast	Cream of Wheat Belgian Waffle Turkey Sausage Link Pears Choice of Toast	Oatmeal <u>Biscuits and Gravy</u> Scrambled Eggs Apple Choice of Toast	Cream of Wheat <u>Scrambled Eggs</u> Pork Sausage Link Hash Brown Potatoes Banana Choice of Toast	Oatmeal <u>Raspberry Sour Cream Muffin</u> Turkey Sausage Link Fruit Cocktail Choice of Toast

**LUNCH**  
11:45-12:45pm

<i>Potato Salad</i>  <u>Tilapia</u> Mashed Sweet Potato Brussel Sprouts Or <u>Rotini Alfredo</u> Sliced Beets  Angel Food Cake	<i>Classic Caesar Salad</i>  <u>Meat Lasagna</u> Garlic Bread Green Peas Or  <u>Brazilian Pork with Chimichurri</u> Corn  Blueberry Coffee Cake	<i>Tossed Vegetable Salad</i>  <u>Southwestern Chicken Thigh</u> Buttermilk Biscuit Sliced Carrots Or  <u>Beef Stew</u> Buttermilk Biscuit Green Beans  Boston Cream Pie	<i>Cranberry Almond Salad</i>  <u>Garden Vegetable Quiche</u> Dinner Roll California Vegetables  Or  <u>Santa Fe Melt on White Coleslaw</u>  Lemon Pudding	<i>Mixed Greens Salad</i>  <u>Blackened Chicken Breast with Gravy</u> Roasted Sweet Potato Broccoli & Cauliflower  Or  <u>Penne Pasta Caprese</u> Three Bean Salad  Carrot Cake	<i>Apple Cheddar Walnut Salad</i>  <u>Cuban Mojo Pork</u> Cilantro Basmati Rice Swiss Chard Sautee  Or  <u>Chicken Salad on a Bun</u> Citrus Basil Roasted Vegetables  Jello Parfait	<i>Strawberry Fields Salad</i>  <u>BBQ Ribs</u> Baked Potato Honey Glazed Carrots  Or  <u>Parmesan Crusted Tilapia</u> Roasted Beets with Thyme  Carrot Cake with Cream Cheese Icing
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**DINNER**  
5 pm

<i>Chunky Vegetable Orzo Soup</i>  <u>BBQ Turkey</u> Cornbread Sliced Beets  Or  <u>Three Cheese Quiche</u> Marinated Cucumber Salad  Pumpkin Cheesecake Bar	<i>Vegetarian Split Pea Soup</i>  <u>Baked Chicken and Noodles</u> Steamed Broccoli  Or  <u>Cumin Shrimp Quesadilla</u> Green Peas  Sherbet	<i>Fire Roasted Corn Soup</i>  <u>Beef Stroganoff</u> Egg Noodles Asparagus Cuts  Or  <u>Grilled Cheese and Tomato</u> Asparagus Cuts  Chocolate Cake with Fudge Icing	<i>Hearty Beef Vegetable Soup</i>  <u>Oven Baked Fish Sandwich</u> Coleslaw  Or  <u>Chicken Taco Salad</u> Diner Roll Sauteed Spinach  Ice Cream Sandwich	<i>Roasted Tomato Tortilla Soup</i>  <u>Cheese Enchiladas</u> Spanish Rice Corn O'Brien with Peppers  Or  <u>Mushroom, Ham and Swiss Frittata</u> Three Bean Salad  Pear Cranberry Crumble	<i>Garden Vegetable Soup</i>  <u>Herb Grilled Chicken Breast with Gravy</u> Sweet Potato Wedges Summer Squash Medley  Or  <u>Classic Burger with Lettuce and Tomato</u> Swiss Chard  Apple Crumble	<i>Cream of Vegetable Soup</i>  <u>Pepperoni Pizza</u> Roasted Beets with Thyme  Or  <u>Egg Salad on Croissant</u> Asian Vegetable Blend  Butterscotch Pudding
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