

Bethany week of 3/2-3/8

Week 5 Dining Menu

BREAKFAST

7:30 am

LUNCH

11:45-12:45pm

DINNER

5pm

Monday 3/2	Tuesday 3/3	Wednesday 3/4	Thursday 3/5	Friday 3/6	Saturday 3/7	Sunday 3/8
Cream of Wheat <u>Vegetable Frittata</u> Pork Sausage Links Breakfast Potatoes Pears Choice of Toast	Old Fashioned Oatmeal <u>Belgian Waffle</u> Turkey Sausage Patty Banana Choice of Toast	Cream of Wheat <u>Scrambled Eggs</u> Pork Sausage Link Hash Brown Potatoes Orange Slices Choice of Toast	Old Fashioned Oatmeal <u>Buttermilk Pancakes</u> Turkey Sausage Patty Peaches Choice of Toast	Cream of Wheat <u>Bacon, Egg and Cheese Muffin</u> Breakfast Potatoes Pineapple Choice of Toast	Old Fashioned Oatmeal <u>Scrambled Eggs</u> Hash Brown Potatoes Banana Choice of Toast	Cream of Wheat <u>Apple Cinnamon Muffin</u> Turkey Sausage Patty Fruit Cocktail Choice of Toast
<i>Macaroni Salad</i> <u>Citrus Tilapia</u> Cornbread Brussel Sprouts or <u>Turkey Black Bean Chili</u> Cornbread Green Peas Chocolate Ice Cream	<i>Waldorf Salad</i> <u>Shepherds Pie</u> Dinner Roll Steamed Fresh Zucchini Or <u>BLT Chicken Salad</u> Stewed Tomatoes Pumpkin Crisp	<i>Mixed Greens Salad</i> <u>Chicken Pot Pie</u> Biscuit Steamed Cut Broccoli Or <u>Spinach and Cheese Shells</u> Steamed Italian Vegetable Medley Marbled Cake with Chocolate Icing	<i>Potato Salad</i> <u>Vegetable Quiche</u> Dinner Roll Sliced Carrots Or <u>Pork Pernil</u> Dinner Roll Citrus Basil Roasted Vegetables Strawberry Shortcake	<i>Tossed Garden Salad</i> <u>Balsamic Marinated Turkey London Broil</u> Roasted Sweet Potatoes Creamed Spinach or <u>Macaroni and Cheese</u> Mixed Vegetables Apricot Bar	<i>Caprese Salad</i> <u>Citrus Marinated Pork Loin</u> Golden Rice Pilaf Green Beans Or <u>Spinach and Mushrooms Strata</u> Zucchini and Yellow Squash Jello	<i>Tossed Vegetable Salad</i> <u>Pot Roast</u> Garlic Mashed Potatoes Citrus Basil Roasted Vegetables Or <u>Lemon Butter Pollock</u> Broccoli and Cauliflower Blueberry Pie
<i>Chicken Noodle Soup</i> <u>Jumbo Cheese Ravioli</u> Dinner Roll Sliced Carrots Or <u>Ham and Swiss Sandwich</u> Green Peas Yellow Cake with Fudge Icing	<i>Tomato Basil Soup</i> <u>Simply Seared Pork Tenderloin</u> Sour Cream & Chive Mashed Potatoes Three Bean Salad Or <u>Grilled Cheese with Tomato on White</u> Stewed Tomatoes Chocolate Mousse	<i>Sweet Potato & Black Bean Chili</i> <u>Tuna Salad Sandwich on Croissant</u> Steamed Italian Vegetables Or <u>Teriyaki Chicken</u> Steamed White Rice Pickled Beet Salad Banana Cream Pie	<i>Potato Leek Soup</i> <u>Meatloaf</u> Smashed Red Potatoes Steamed Brussel Sprouts Or <u>Cranberry Compote Turkey Burger</u> Citrus Basil Roasted Vegetables Baked Cinnamon Apples	<i>Chicken Ditalini Soup</i> <u>Cheese Pizza</u> Peas and Mushrooms Or <u>Ginger Sesame Chicken Salad</u> Dinner Roll Mixed Vegetables Butterscotch Pudding	<i>Beef Barley Soup</i> <u>Carolina BBQ Chicken</u> Baked Tater Tots Baby Carrots Or <u>Meatball Sub</u> Zucchini and Yellow Squash Peach Cobbler	<i>Minestrone Soup</i> <u>Roasted Turkey Breast with Gravy</u> Long Grain and Wild Rice Peas Or <u>Sloppy Joe Sandwich</u> Broccoli and Cauliflower Cherry Crisp