

July 23rd-
National Vanilla
Ice Cream Day

BREAKFAST
7:30 am

LUNCH
11:45-12:45
pm

DINNER
5pm

Bethany Week of 7/21-7/27

Weekly Dining Menu

Monday 7/21	Tuesday 7/22	Wednesday 7/23	Thursday 7/24	Friday 7/25	Saturday 7/26	Sunday 7/27
<p>Cream of Wheat</p> <p><u>Country Brunch Bake</u> Pork Sausage Link Breakfast Potatoes Banana Choice of Toast</p>	<p>Oatmeal</p> <p><u>Belgian Waffle</u> Turkey Sausage Patty Orange Slices Choice of Toast</p>	<p>Cream of Wheat</p> <p><u>Scrambled Eggs</u> Pork Sausage Link Hash Brown Potatoes Cantaloupe Choice of Toast</p>	<p>Oatmeal</p> <p><u>Strawberry Pancakes</u> Sausage Patty Pineapple Choice of Toast</p>	<p>Cream of Wheat</p> <p><u>Bacon, Egg and Cheese Muffin</u> Breakfast Potatoes Banana Choice of Toast</p>	<p>Oatmeal</p> <p><u>Baked Denver Omelet</u> Hash Brown Potatoes Honeydew Choice of Toast</p>	<p>Cream of Wheat</p> <p><u>Orange Muffin</u> Turkey Sausage Patty Fruit Cocktail Choice of Toast</p>
<p><i>Fruit Salad</i> <u>Cheese Ravioli with Marinara</u> French Cut Green Beans</p> <p>Or</p> <p><u>Chicken Bacon Ranch Sandwich</u> Sliced Carrots</p> <p>Blueberry Yogurt Parfait</p>	<p><i>Caesar Salad</i> <u>Farmers Meatloaf with Gravy</u> Garlic Mashed Potatoes Green Peas</p> <p>Or</p> <p><u>Turkey Ham and Cheddar Wrap</u> Stewed Tomatoes</p> <p>Banana Bread</p>	<p><i>Tossed Garden Salad</i> <u>Lemon Pepper Chicken Thigh</u> Fettuccini Noodles Yellow Squash</p> <p>Or</p> <p><u>Shrimp Alfredo with Fettuccini Noodles</u> Mixed Veggies</p> <p>Vanilla Ice Cream</p>	<p><i>Coleslaw</i> <u>Hamburger with Lettuce and Tomato</u> Tater Tots Watermelon</p> <p>Or</p> <p><u>Chicken Salad Cold Plate</u> Diced Beets</p> <p>Jello Poke Cake</p>	<p><i>Tossed Vegetable Salad</i> <u>Rosemary Roasted Pork Loin with Gravy</u> Rice Pilaf Broccoli and Cauliflower</p> <p>Or</p> <p><u>Egg Salad Sandwich</u> Summer Squash Medley</p> <p>Jello Parfait</p>	<p><i>Fruit Salad</i> <u>Baked Fried Chicken</u> Baked Potato Citrus Basil Roasted Vegetables</p> <p>Or</p> <p><u>Shells with Blush Sauce</u> Baby Carrots</p> <p>Ice Cream Sandwich</p>	<p><i>Macaroni Salad</i> <u>Pot Roast</u> Simply Smashed Potatoes Steamed Zucchini</p> <p>Or</p> <p><u>Parmesan Sole</u> Steamed Cauliflower</p> <p>Blueberry Pie</p>
<p><i>Potato Leek Soup</i> <u>Pepperoni Pizza</u> Steamed Italian Vegetables</p> <p>Or</p> <p><u>Tuna Wrap</u> Green Peas</p> <p>Chocolate Brownies</p>	<p><i>Autumn Vegetable Soup</i> <u>Herb Rubbed Tilapia</u> Roasted Red Potatoes Sliced Carrots</p> <p>Or</p> <p><u>Grilled Vegetable Fajita Quesadilla</u> Corn</p> <p>Peach Pie</p>	<p><i>Spring Pasta Faggioli Soup</i> <u>Salisbury Steak</u> Mashed Potatoes Mixed Vegetables</p> <p>Or</p> <p><u>Grilled Ham and Cheese</u> Creamy Sweet and Sour Broccoli Slaw</p> <p>Rice Krispy Treat</p>	<p><i>Turkey Vegetable Soup</i> <u>Baked Fish Sandwich</u> Diced Beets</p> <p>Or</p> <p><u>Beef Teriyaki Stir-Fry</u> White Rice Asian Vegetable Blend</p> <p>Rainbow Sherbet</p>	<p><i>Butternut Squash Bisque</i> <u>Little Italy Meatballs over Penne Pasta with Marinara Sauce</u> Sauteed Spinach Or <u>Tuna Melt on Wheat</u> Summer Squash Medley</p> <p>Tiramisu Cake</p>	<p><i>Tomato Soup</i> <u>Dijon Ginger Ham</u> Roasted Sweet Potatoes Italian Cut Green Beans Or <u>Roast Turkey Club Wrap</u> Baby Carrots</p> <p>Triple Chocolate Fudge Bar</p>	<p><i>Minestrone Soup</i> <u>Roasted Turkey with Poultry Gravy</u> Au Gratin Potatoes Peas and Mushrooms</p> <p>Or</p> <p><u>Patty Melt</u> Steamed Cauliflower Angel Food Cake with Strawberries</p>