

July 4th-  
Independence  
Day

BREAKFAST  
7:30 am

LUNCH  
11:45-12pm

DINNER  
5pm

# Bethany week of 6/30-7/6

## Week 5 Dining Menu

Monday 6/30	Tuesday 7/1	Wednesday 7/2	Thursday 7/3	Friday 7/4	Saturday 7/5	Sunday 7/6
Cream of Wheat <u>Vegetable Frittata</u> Pork Sausage Links Breakfast Potatoes Banana Choice of Toast	Old Fashioned Oatmeal <u>Belgian Waffle</u> Turkey Sausage Patty Orange Slices Choice of Toast	Cream of Wheat <u>Scrambled Eggs</u> Pork Sausage Link Hash Brown Potatoes Cantaloupe Choice of Toast	Old Fashioned Oatmeal <u>Buttermilk Pancakes</u> Turkey Sausage Patty Pineapple Choice of Toast	Cream of Wheat <u>Bacon, Egg and Cheese Muffin</u> Breakfast Potatoes Blueberries Choice of Toast	Old Fashioned Oatmeal <u>Scrambled Eggs</u> Hash Brown Potatoes Honeydew Melon Choice of Toast	Cream of Wheat <u>Apple Cinnamon Muffin</u> Turkey Sausage Patty Fruit Cocktail Choice of Toast
<i>Macaroni Salad</i>  <u>Citrus Tilapia</u> Cornbread Asparagus Cuts  or <u>Ginger Sesame Salad with Chicken</u> Cornbread Green Peas  Vanilla Ice Cream	<i>Caesar Salad</i>  <u>Jumbo Cheese Ravioli with Marinara Sauce</u> Dinner Roll Steamed Fresh Zucchini  Or <u>Turkey Club Wrap</u> Stewed Tomatoes  Confetti Cake	<i>Fruit Salad</i> <u>Chicken Pot Pie</u> Biscuit Steamed Cut Broccoli  Or <u>Grilled Cheese and Tomato on White</u> Steamed Italian Vegetable Medley  Peaches and Cream	<i>Garden Salad</i>  <u>Cranberry Compote</u> <u>Turkey Burger</u> Oven Baked French Fries Broccoli Slaw Or <u>Spinach and Mushroom Strata</u> Citrus Basil Roasted Vegetables  Chocolate Raspberry Parfait	<i>Fruit Salad</i>  <u>BBQ Pulled Pork Sandwich</u> or <u>All American Hot Dog</u>  Oven Baked Onion Rings Corn on the Cobb  Celebratory Firework Cupcake	<i>Potato Salad</i> <u>Citrus Marinated Pork Loin</u> Golden Rice Pilaf Green Beans  Or <u>Cheese Manicotti</u> Zucchini and Yellow Squash  Tiramisu Cake	<i>Cucumber Salad</i>  <u>Pot Roast</u> Mashed Potatoes California Mixed Vegetables  Or <u>Chicken and Rice Casserole</u> Peas and Mushrooms  Coconut Cream Pie
<i>Chicken Noodle Soup</i>  <u>Simply Seared Pork Loin</u> Dinner Roll Yellow Squash Or <u>Patty Melt</u> Green Peas  Baked Cinnamon Apples	<i>Tomato Basil Soup</i>  <u>Savory Rotisserie Style Chicken Thigh with Gravy</u> Sour Cream & Chive Mashed Potatoes Three Bean Salad Or <u>Tuna Salad Cold Plate</u> Stewed Tomatoes  Strawberry Yogurt Parfait	<i>Sweet Potato &amp; Black Bean Chili</i>  <u>Crispy Parmesan Sole</u> Smashed Red Potatoes Green Beans Or <u>Chef Salad</u> Citrus Basil Roasted Vegetables  Peanut Butter Fudge Brownie	<i>Potato Leek Soup</i>  <u>Pork Pernil</u> White Rice Diced Pickled Beets Or <u>Teriyaki Chicken</u> White Rice Asian Vegetables  Marbled Cake with Chocolate Icing	<i>Chicken Ditalini Soup</i>  <u>Baked Fried Chicken</u> Dinner Roll Corn O'Brien Or <u>Ham and Swiss Sandwich</u> Carrot Raisin Salad  Angel Food Cake with Chocolate Sauce	<i>Beef Barley Soup</i>  <u>Carbonara with Chicken and Spinach</u> Baby Carrots Or <u>Tuna Wrap</u> Baked Tater Tots Zucchini and Yellow Squash  Apple Caramel Bread Pudding	<i>Minestrone Soup</i>  <u>Roasted Turkey Breast with Gravy</u> Baked Sweet Potato Wedges Peas and Mushrooms Or <u>Sloppy Joe Sandwich</u> Broccoli and Cauliflower  Chocolate Cake